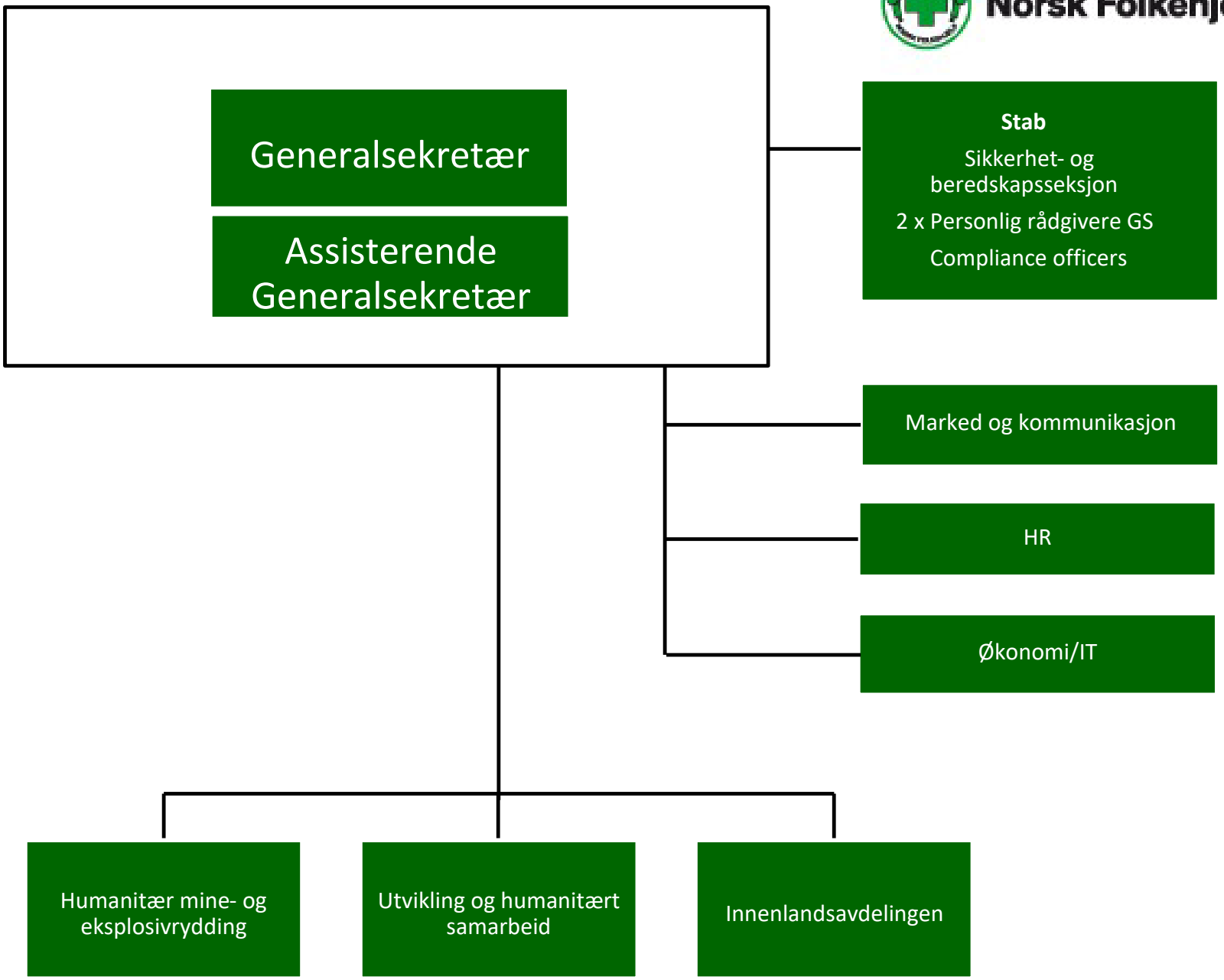Norsk Folkehjelp